

FOLD'S HOUSING-WITH-CARE SERVICE

What is Housing-with-Care?

- Housing-with-Care is designed to meet the varying needs of those older people who need more support than is generally available in normal retirement housing.

What does Housing-with-Care provide?

- Care Staff available 24 hours a day. Individual care plans designed to meet your needs.
- Assistance where needed with all personal care tasks e.g. help to get washed and dressed.
- Full choice of meals are available which includes breakfast, dinner, evening meal and other snacks throughout the day. Special dietary needs can be catered for.
- Liaison with co-ordinated services for appointments, e.g. Dentist, Chiropodist, Optician, Community Nurse.
- The opportunity to retain your own GP (Where possible).
- Each flatlet is carpeted, has its own key, en suite with wash hand basin, toilet and shower, alarm

call system, lockable cupboard for valuables and may have built in wardrobes, doorbell and letterbox. Some also have a kitchen sink unit and fridge. Ample space is available to accommodate your own special items of furniture e.g. bed, small settee, china cabinet, television.

- Wheelchair friendly accommodation, lifts to upper floors.
- Communal facilities include dining rooms, lounges, bathrooms with special aids, gardens and external seating areas.
- Special emphasis on maintaining and including family and local community links.

The intention of FOLD in developing Housing-with-Care is to promote independence whilst providing a balance of support, assistance, privacy and security in a caring and relaxed environment.

FOLD currently have Housing-with-Care Schemes in West Belfast, Holywood, Bangor, Lurgan, Portadown and Londonderry.

More detailed information about Housing-with-Care is available from:

**Care Services Department, Fold House, 3 Redburn Square, Holywood, BT18 9HZ Tel: (028) 9042 8314
Or on FOLD's website - www.foldgroup.co.uk**